

## Sienna X Spray Tan 'TOP UP'

30mins £12.50  
Keep your Spray Tan for longer with a 'Top Up' at half price if you book within 7 days of your first Spray Tan.

## Sienna X Spray Tan and Body Scrub

1hr £35.00  
As above but includes a full body exfoliating body scrub paying particular attention to elbows, knees, ankles and problem dry areas to help encourage a smooth even tan.

## Inch loss Wrap

1hr30mins £46.00  
**Course of 6 = £234.00**  
Sculpted Silhouette inch loss wrap is incredibly rich and toning and has Iso-Slim Complex, a combination of natural slimming and fat-burning agents Caffeine, Carnitine and Spirulina, blended with Soy Isoflavones – skin is tightened and lifted and cellulite is visibly reduced with the aid of natural Ivy Extract, Dead Sea Minerals and Hyaluronic Acid, known as 'the key to the fountain of youth' Relax and unwind and say goodbye to those unwanted inches!

## Clarins Body Treatments

Clarins So Natural Self Tanner with exfoliation 1hr £39.00  
A crème de la crème self tanning treatment for face and body carried out in one of our relaxing treatment rooms, includes a top to toe exfoliation and pampering massage that gives skin a gorgeous, long-lasting, glowing, golden colour that looks natural - and you can get dressed immediately!

Clarins So Natural Self Tanner 30mins £26.00  
As above but without exfoliation

Clarins Skin Treatment for Body 45mins £31.00  
Visibly brighter, super-soft skin is the main benefit of this highly efficient body treatment. Enriched with fruit enzymes, it also refines, refreshes and detoxifies. Specific body products will be used to target main concerns within the body, choose from 'Figure Shaper \* Anti Ageing \* Super Hydrator \* Intensive Body Firmer. The treatment finishes with a choice between a back & neck massage, head & scalp massage or foot & calf massage.

Clarins Exfoliating Body Scrub & Polish 30mins £28.50  
Your skin will be body brushed before Clarins Toning & Body Polisher is used to leave your skin feeling amazingly smooth and polished.

Clarins Back Treatment 40mins £36.00  
A cleanse, tone and moisturise for probably the most neglected part of your body. Ideal congested skin or if your wearing a backless dress.

## Clarins Facial Treatments

Clarins Aromatic Balancer Facial 1hr £45.00  
**Course of 6 = £234.00**  
Oily and congested, dry and dull, dehydrated or sensitive, whatever your skin condition this customised treatment will rebalance and coax it back to blooming. The potency of Clarins renowned 100% pure plant facial oils are prescribed according to your skin type and contain, amongst others, essential oils of Sandalwood, Lotus and Blue Orchid. Includes face, head and scalp massage.

Clarins Facial 40mins £37.00  
**Course of 6 = £198.00**

## Dermalogica Facial Treatments

All Dermalogica facials are tailor made to the individual's specific skin concerns.

**Dermalogica FACE MAPPING & SKIN ANALYSIS 15mins FREE**  
Dermalogica Facial 30mins £33.00  
**Course of 6 = £174.00**  
Dermalogica Classic 45mins £38.00  
**Course of 6 = £198.00**  
Dermalogica Prescriptive 1hr £45.00  
**Course of 6 = £234.00**  
Dermalogica Exclusive Incs. back, neck&shoulder massage 1hr30 £61.00  
**Course of 6 = £324.00**

## Crystal Clear Microdermabrasion

**AGING SKIN \* PIGMENTATION \* OPEN PORES \* BLEMISHES \* LINES & WRINKLES \* BLACKHEADS**

Crystal Clear Microdermabrasion system was conclusively proven to dramatically and visibly improve the texture and appearance of the skin, reducing and smoothing fine lines and wrinkles, producing a smoother, more rejuvenated skin. It is suitable for all skin colours and types. The Crystals gently exfoliate the outer layers of the skin treating a vast array of concerns using a safe and controlled method of skin resurfacing whilst plumping, lifting and firming your skin.

Crystal Clear Microdermabrasion Facial 45mins £47.00  
**Course of 6 = £252.00**  
Crystal Clear Deluxe 1hr £57.00  
**Course of 6 = £306.00**  
Crystal Clear Eye Contour Lift 30mins £32.00  
**Course of 6 = £174.00**  
Crystal Clear Back 30mins £29.00  
**Course of 6 = £150.00**

## CACI Ultra Non Surgical Solutions

**CACI Ultra Non-Surgical Face Lift** 1hr £45.00  
This relaxing treatment gently lifts, tightens tones and re-educates the facial muscles whilst smoothing the appearance of fine lines and wrinkles. Skin is beautifully re-hydrated whilst tone and texture is improved leaving a firmer more supple appearance, includes the CACI Wrinkle Comb with LED light therapy.  
Course of 6 £255.00  
Course of 10 £410.00

**CACI Ultra Anti-Aging Facial** 1hr30mins £70.00  
The Ultra Anti-aging CACI Facial will leave your skin smoother, lifted, plumped and hydrated. This facial includes ultrasonic skin exfoliation, micro-current to re-educate the facial muscles and the CACI Wrinkle Comb with LED light therapy to stimulate your skin cells to rebuild. The Hydratone Mask is applied infused with collagen, hyaluronic acid and vitamin E and C, includes particular attention to the neck area. Dehydrated and environmentally damaged skin is quenched, whilst deep lines and wrinkles are plumped out leaving the skin looking radiant, softer and more youthful.  
**Course of 6 = £390.00**  
**Course of 10 = £610.00**

**CACI Ultra Eye Lift** 40mins £40.00  
Concentrating on the eye area the treatments lifts, smoothes and plumps the skin erasing fine lines, re-hydrating and repairing the eye area, with use of The Wrinkle Comb with LED light therapy. It also includes ultrasonic exfoliation and the Hydratone Mask infused with collagen, hyaluronic acid and vitamin E and C.  
Course of 6 = £225.00  
Course of 10 = £350.00

**CACI Ultra Hydratone Facial** 1hr15mins £55.00  
This is the same as the Non-Surgical Facelift but also includes The Hydratone Mask which is infused with collagen, hyaluronic acid and vitamin E and C paying particular attention to the neck area. Dehydrated and environmentally damaged skin is quenched, whilst deep lines and wrinkles are plumped out leaving the skin looking radiant, softer and more youthful.  
**Course of 6 = £306.00**  
**Course of 10 = £500.00**

**CACI Acne Treatment** 30mins £40.00  
A soothing, relaxing facial combining, ultrasonic exfoliation, a power gel mask, hyaluronic acid and collagen along with LED photo therapy to massage to improve blood circulation. Stimulating lymph drainage a blue light therapy will calm inflamed acne, skin blemishes and aid in healing the condition.  
**Course of 6 = £225.00**  
**Course of 10 = £350.00**

**CACI ECM Cellulite & Buttocks Lift** 30mins £40.00  
This is one of the most effective means of dispersing cellulite on the thighs and buttocks. The powerful electro-cellulite massager tackles cellulite, fluid retention and stubborn fatty areas such as the thighs and buttocks to achieve rapid inch reduction as it contours and firms underlying muscle and detoxifies surrounding lymph.  
**Course of 6 = £225.00**  
**Course of 10 = £355.00**

*CACI courses are recommended to give long lasting results, one facial is recommended every 4-8 weeks after your course should you wish to maintain results. For more information please contact Utopia Reception.*

# Utopia

beauty & spa

**Opening Times**  
Monday 9:30am – 6:00pm  
Tuesday 9:30am – 7:00pm  
Wednesday 9:00am – 9:00pm  
Thursday 9:00am – 9:00pm  
Friday 9:00am – 6:00pm  
Saturday 9:00am – 5:30pm  
Sunday CLOSED

141 High Street, Hornchurch, Essex, RM11 3YD

**Tel: 01708 453 355**

Website: [www.utopiabeautyandspa.co.uk](http://www.utopiabeautyandspa.co.uk)  
e-mail: [reception@utopiabeautyandspa.co.uk](mailto:reception@utopiabeautyandspa.co.uk)

### Terms & Conditions for appointments made:

All treatment bookings must be made with a contact telephone number. At the time of booking you may be asked for a 50% booking fee to secure your appointment slot. This is non-refundable. Arriving late for your appointment may mean not being able to accommodate the full treatment time and will be charged the full treatment price. As courtesy to our Therapists, cancellations must be made 12 hours before appointment time, failure to do so may incur a charge. All course items purchased must be used within 10 months. Special priced packages must be paid in full at the time of booking. As courtesy to all our clients, a confirmation telephone call will be made the day before the appointment as a reminder.

**10% off any treatment on your first visit**

## Manicures

File & Paint - Colour 15mins £7.50  
File & Paint – French Paint 20mins £9.00

## Basic Manicure

30mins £14.50  
A file, buff, cuticle work and a colour polish of your choice

## Perfectly Manicured

45mins £25.00  
A file, buff and cuticles are carefully worked on and nourished with Almond Solar Oil followed by a luxury CND hand lotion and hand massage to smooth and hydrate your skin, finishing with a colour polish of your choice.

## Spa Deluxe Manicure with Hot Oil

1hr £34.00  
Fingers are soaked in warm almond oil to repair and nourish cuticles followed by Almond Scrub exfoliation and a mask to remove dead skin cells and hydrate. Finishing with a relaxing hand & arm massage. Base & 2 coats of colour of your choice plus top coat.

## Spa Deluxe Manicure with Paraffin Wax

1hr15mins £39.00  
As above but hands are dipped in warm paraffin wax for extra hydration and warmth before relaxing hand and arm massage followed by base and 2 coats of colour of your choice with a top coat.

## Pedicures

Toe Nail File & Paint - Colour 15mins £8.00  
Toe Nail File & Paint – French Paint 25mins £9.50

## Basic Pedicure

30mins £18.50  
A file, buff, cuticle work and a colour polish of your choice

## Toe Jazzle

Basic Pedicure + diamantes on toes 30mins £22.50

## Sweet Sole Pedicure

1hr £33.00  
A warm Foot Spa soak, cuticles nourished with almond oil followed by foot exfoliation, toe nail file and buff followed by a foot and calf massage using luxury foot creams, finishing with a colour polish of your choice.

<b>Spa Deluxe Pedicure</b>	1hr 15mins	£39.00
<b>with Raw Earth (Winter) or Marine Spa (Summer)</b>		
Feet are soaked in a mineral bath to cleanse and disinfect, nails are trimmed and cuticles worked on followed by a natural sea salt scrub to exfoliate and hydrate followed by a mineral clay mask to further moisturise and cleanse. Feet and legs are then massaged for relaxation and tension. Base and 2 coats of colour of your choice with a top coat.		

<b>Spa Deluxe Pedicure</b>	1hr 30mins	£45.00
<b>with Paraffin Wax</b>		
As above but feet are dipped in warm paraffin wax for extra hydration and warmth. Before relaxing leg and foot massage followed by base and 2 coats of colour of your choice and top coat.		
Add French Polish	15mins	£3.00
Add Paraffin Wax	15mins	£10.00
Add Diamante	15mins	£0.50 per
Diamante		

<b>Callus Peel</b>	30mins	£19.00
<i>Callus Peel is a 4 step treatment to soft, silky heels. A skin softening patch is applied. This is then removed with a professional scraper to peel off the dry skin/calluses followed by a third step which is to buff away remaining callus with foot file, completing the treatment by applying a rich moisturising lotion to smooth and hydrate.</i>		
*Add on a Callus Peel to a Pedicure	30mins	£13.00

<b>Mani &amp; Pedi Duo's</b>		
<b>Manicure &amp; Pedicure Duo</b>	1hr45mins	£51.00
A Perfectly Manicured and a Sweet Sole Pedicure combined treatment		

<b>Spa Deluxe Manicure &amp; Spa Deluxe Pedicure</b>	2hrs30mins	£65.00
A combined Deluxe Manicure and Deluxe Pedicure for the ultimate relaxing experience.		

<b>Spa Deluxe Manicure &amp; Spa Deluxe Pedicure with Paraffin Wax</b>	3hrs	£71.00
A combined Deluxe Manicure and Deluxe Pedicure for that ultimate relaxing experience with the added benefit of warm paraffin wax to further hydrate and compliment the treatment.		

<b>Bio Sculpture Gel</b>	1hr	£40.00
Bio Sculpture Gel is a permanent nail colour that lasts up to three weeks without wearing or chipping. A most superior product that will not damage the natural nail, it is a one component nail treatment that strengthens and promotes the growth of the natural nails, it is cured under a UV light leaving the nail strong but flexible with a natural glossy finish. NO dry time, NO smudging for fingers and toes. Choose from a range of colours or a French Manicure.		

Bio Sculpture Gel		
6 x Bio Sculpture Gel =		£210.00
<b>Bio Sculpture Soak off to Re-apply</b>	<b>30mins</b>	<b>FREE</b>
Bio Sculpture Soak off & Tidy	45mins	£12.00
Bio Sculpture Hands & Feet	2hrs	£78.00
6 x Bio Sculpture Gel =		£400.00
Bio Single Nail Repair	15mins	£5.00
Bio Soak Off and paint (colour)	30mins	£16.50
(French)	45mins	£18.00

<b>SHELLAC Two Week Manicure with Creative Nail Design</b>		
Shellac is a revolutionary breakthrough in nail polish technology, Shellac paints on like polish and is cured under a UV light so there is ZERO drying time. The formula is thin and flexible like polish so it not only looks natural it provides strong nail protection with a resilient mirror finish that resists dullness and chipping. Cuticles are removed, nails are filed, shaped and buffed, cuticle oil is applied and massaged in before the Shellac is applied.		

Shellac Manicure - Colour	1hr	£30.00
Shellac Manicure – French Polish	1hr15mins	£35.00
<b>Shellac Removal to Re-apply</b>	<b>15mins</b>	<b>FREE</b>
Shellac Removal & Tidy	15mins	£5.00
Shellac over Acrylic	30mins	£14.00

<b>Clarins Make-Up Studio</b>		
Make-Up To Go	45mins	£30.00
Make-Up Master Class	1hr 30mins	£40.00
Bridal Trial Make-Up	1hr30mins	£45.00
Bridal Make-Up (in salon)	1hr	£50.00

<b>Waxing</b>		
Eyebrow		£10.50
Eyebrow and Lip		£17.50
Lip or Chin		£10.50
Lip & Chin		£15.50
Underarm		£10.50
Bikini		£15.50
Brazilian		£26.50
Hollywood		£29.00
Half Leg		£15.50
Half Leg & Bikini		£23.50
¾ Leg		£22.50
¾ Leg & Bikini		£25.50
Full Leg		£25.50
Full Leg & Bikini		£30.50
Back		£22.50
Chest		£22.50
Forearm		£10.50
Abdomen		£7.50
Full Arm		£20.50

<b>Threading</b>		
Eyebrow		£11.00
Eyebrow & Lip		£17.50
Eyebrow, Lip & Chin		£25.00
Lip & Chin		£14.00
Lip or Chin		£7.50
Side face		£12.00
Full face (inc. Eyebrow)		£30.00
Decollete		£8.00

<b>Eye Enhancements</b>		
<b>Tinting &amp; Perming</b>		
Lash and brow tinting will make your eyelashes and eyebrows look darker with results lasting for weeks.		

Please note: **A PATCH TEST** must be carried out 24hrs prior to your Tinting or Perming appointment.

Eyelash Tint	30mins	£15.50
Eyebrow Tint	30mins	£11.50
Eyelash & Brow Tint	30mins	£20.50
Eyelash Perm	1hr	£30.00
Eyelash Perm & Tint	1hr	£39.50
<b>Occasion/Temporary Eyelash Extensions</b>	30mins	£21.00

For a special day or a night out, individual clusters of eyelashes are applied for an instant glamorous look.

<b>Utopias Beautiful Strip Eyelashes</b>	15mins	£12.00
Strip Lashes are perfect for any occasion to enhance your eyes, applied in minutes by our fully trained Therapists and easily removed by yourself, no damage to the natural eyelash as the strip comes away as you pull to remove. Get the look with no fuss!		

<b>Semi Permanent Eyelashes</b>		<b>£69.00</b>
Semi-permanent eyelashes provide thickness and length to every single natural eyelash enhancing the charm and appeal to your eyes for up to 6 weeks.		
Treatment time:	2hours	

<b>Semi Permanent Eyelashes 'TOP UP'</b>		<b>£25.00</b>
The lash extension grows out as your natural eyelashes do therefore we offer a maintenance appointment to top up your lashes, usually required 4 to 6 weeks after your full set is applied.		

<b>Holistic Therapy</b>		
<b>Indian Head Massage</b>	40mins	£41.00
Indian Head Massage is based on the ayurvedic system of healing which has been practiced in India for over a thousand years. Working on areas affected by mental and physical stress it helps to relieve muscular discomfort and tension as well as calming the mind and aiding relaxation improving circulation in the head promoting clear thinking. Can be performed with or without oils.		

<b>Ear Candling</b>	45mins	£31.00
The candles work on a chimney principle drawing any impurities to the surface where they can be gently removed. They equalise the pressure in the head and ears, making them suitable for most conditions, particularly excessive or compacted wax in the ears, sinuses, rhinitis, glue ear, colds, flu, headaches, noises in the ears and tinnitus.		

<b>Reflexology</b>	1hr	£30.00
The feet are served as a map for technique stimulation to target health goals, physically and mentally. Varying the massage pressure on the reflex zones of the soles and tops of the feet can be specifically good for organs, glands and body parts. Particularly beneficial for increasing energy levels, stress relief, back pain, headaches, high blood pressure, breathing and circulatory problems and digestive disorders.		

<b>Massage Treatments</b>		
<b>The Well-Being Massage</b>	1hr15mins	£51.00
<i>The ultimate relaxation for the bodies wellbeing, restoring and reviving your senses with essential oils and easing aching muscles and tension. Hot towels will warm the soles of your feet before your full body massage begins and finishing with a head &amp; scalp massage and a facial cleanse, tone and moisturise.</i>		

<b>Swedish Full Body Massage</b>	1 hr	£45.00
<i>The Swedish massage promotes relaxation, eases muscle tension and can include deeper work on areas of concern ranging from light to firm pressure, a tailor made massage..</i>		

Swedish Back, Neck & Shoulder Massage	45mins	£39.00
Swedish Back, Neck & Shoulder Massage	30mins	£32.50

<b>Head, Shoulders, Scalp &amp; Face Massage</b>	30mins	£26.00
<b>Aromatherapy Full Body Massage</b>	1hr	£49.00
<i>An Aromatherapy Massage will help ease stress and emotionally-related conditions using essential oils. By smelling the oils your senses will instigate what your body is lacking, each essential oil has different healing properties, calming uplifting, energizing, cleansing, decongesting.</i>		

Aromatherapy Back, Neck & Shoulder Massage	45mins	£40.00
Aromatherapy Back, Neck & Shoulder Massage	30mins	£34.00

<b>Hot Stones Full Body Massage</b>	1hr	£60.00
Hot Stone Massage is a speciality massage which uses smooth, heated stones that deeply relaxes and helps tight muscles release, easing areas of concern. The hot stones go '4 times' deeper than a normal massage and has a holistic value which heals physically and mentally.		

Hot Stones Back Neck & Shoulder Massage	45mins	£49.00
Hot Stones Back Neck & Shoulder Massage	30mins	£39.00

<b>Mamma &amp; Baby Bliss Massage</b>	1hr15mins	£50.00
Mothers to be will be amazed with the Mamma and Baby Bliss Massage, pre and post natal. An uplifting and carefully designed treatment with expertise massage techniques to relieve aches and pains and promote relaxation and well-being.		
Please note: this massage can not be carried out up to two weeks before due date.		

<b>Sports Massage</b>		
Full Body	1hr	£55.00
Back Neck & Shoulders	30mins	£40.00

<b>Mega Sun 'lay down' Sun Bed</b>		
Utopia is a member of The Sun bed Association and follow their guide of the rules and regulations by law.		
The sun bed is available for customers over the age of 18. Terms & Conditions apply.		

Pay as you go per minute		£1.00
60minute sun bed course		£30.00

Sienna X Spray Tan	30mins	£25.00
Look and feel gorgeous with a Sienna X Spray Tan. There are 4 tan shades to choose from, the tan product itself nourishes and cares for your skin and develops to your natural skin colour – a beautiful colour that lasts for up to one week.		